

# Northumberland, Tyne and Wear, and North Durham (NTWND) DRAFT Sustainability and Transformation Plan

## Information about the plan



NHS England has put together a 5 year plan for a better NHS and how this will happen by 2021.

STP - stands for Sustainability and Transformation Plan

The STP will be delivered by local health and care organisations working together from across these areas:-

- Northumbria and North Tyneside
- Newcastle and Gateshead
- South Tyneside, Sunderland and North Durham

## Why do we need a Sustainability and Transformation Plan?



To address 3 main gaps:-

- Health and wellbeing
- Care and Quality
- The amount of funding available for use

## The gaps in our health and care system



We know that things can be better

- a) People are living longer, treatments are getting better, but care in doctors surgeries and hospitals has not always changed
- b) People are living longer and needing more care and support with their needs. At the moment services are not always working together to give the care and support people need
- c) Our area has strong health and social care services but our area still needs to improve on this and support the staff in services
- d) Poor health and lifestyles puts pressure on our health and social care services

## How are we going to fill these gaps?



We believe we can fill the gaps by:-

- Improving health and peoples wellbeing
- Improving the way services talk to each other
- Managing our finances
- Everyone who lives in or visits the area will do well and equally enjoy positive health and wellbeing
- Making health and social care services closer to home that will work better for everyone
- Local people are given the opportunity and supported in improving their own health and wellbeing

## What will change?



The draft plan is trying to:

- Help people in our area to be as healthy as other parts of the country
- Provide better out of hospital services, with good staffing to best support their patients

Where changes in services are considered, information about options for the future will be shared.

There will be specific opportunities to involve you and other local people, carers and staff in discussions about future services.

## What happens next?



The draft plan will need to think about the needs of patients, carers and communities as well as working with health and social care professionals.

## Want to find out more?



More information about the plan for North Durham can be found on the NHS North Durham Clinical Commissioning Groups website;

<http://www.northdurhamccg.nhs.uk/involve-me/stp/>

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